Scott L. Rogers is a lecturer in law and founder and director of the Mindfulness in Law Program at the University of Miami School of Law. A leader in the area of mindfulness, Rogers has made numerous television and radio appearances and been interviewed for magazines and newspapers across the country. He has been recognized for his contributions to the student body and for his work helping to integrate mindfulness into the legal profession.

Professor Rogers developed and teaches numerous courses that integrate mindfulness, leadership, and law, and the first continuing legal education approved program in the country integrating mindfulness and neuroscience. Rogers’s mindfulness training programs have been adapted and taught to athletes, bankers, educators, firefighters, negotiators, parents, physicians, soldiers, and therapists.

Rogers has authored numerous books on mindfulness, both for specific groups like law students, lawyers, parents, children, and for a general audience. In 2010 Rogers co-founded UMindfulness, the University of Miami’s Mindfulness Research and Practice Initiative, where he collaborates with cognitive neuroscientist Amishi Jha to explore the enduring brain and behavior changes that may accompany mindfulness training programs. Professor Rogers was born and raised in Miami and lives in Miami Beach.